



**From:** Stay Healthy At Work Lunenfeld <shawl@lunenfeld.ca>  
**Sent:** Wednesday, December 23, 2020 5:56 PM  
**To:** Stay Healthy At Work Lunenfeld  
**Subject: SHAWL Study Updates - EXTENDED DROP OFF DAYS & MORE**

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Dear SHAWL Study participants,

We are writing to update you with some changes to the study. Please see the e-mail below; these will also be posted under updates on the [www.lunenfeld.ca/shawl](http://www.lunenfeld.ca/shawl) study web page.

1. **Welcome OICR:** The Ontario Institute for Cancer Research employees will be offered the opportunity to participate in the SHAWL-1 study. Dr. Steven Gallinger will be the principal investigator for the OICR site.
2. **Sample Drop-off 3 days/week:** Starting on January 4, 2021, **you will be able to collect and drop-off your samples on Monday OR Tuesday OR Wednesdays until 1pm.** There will be no collection on statutory holidays and you **must collect your specimen on the same day that you drop it off.**
3. **Questionnaire Changes:** We are adding some new questions to the questionnaires:
  - a. Please indicate your employer (LTRI, TCP, Mt. Sinai Hospital, Bridgepoint-Collaboratory, Bridgepoint Active Health, OICR, Other)
  - b. Have you received a COVID-19 vaccine? If yes, please provide the date(s) and manufacturer for each vaccination.
  - c. Have you downloaded the Canadian Government's COVID-19 app? If yes – have you received a notification that you have been in contact with someone who has tested positive? If yes – when?
4. **Saliva Collection:** If you are at home with COVID symptoms over a collection day, you can now collect your saliva specimen, on the day it is due, and keep it at home until the first collection day after you can safely return to work.
5. **Can we buy you a coffee?** We appreciate all of your efforts on this study; clinical research just isn't possible without committed participants. As a small token of our appreciation, we would like to provide each participant with a \$5.00 coffee card along with our heartfelt thanks!